



HART Hub West Ottawa

In partnership with Pinecrest-Queensway CHC

The West Ottawa HART Hub is a free, confidential health centre in Bells Corners. We're here for anyone 16 or older looking for support for their substance use health.



You do not need an appointment or referral — just walk in when you need us

Our team includes doctors, nurse practitioners, nurses, counsellors, social workers, peer support workers, and other care providers. Our team has a shared focus: you. We selected staff who work with compassion and share supportive and non-judgmental values.



Free and confidential walk-in supports

- Substance use health care, including primary care and mental health support.
- Withdrawal management, longer term in-patient stabilization and treatment programs.
- One-to-one support and referrals to community services.
- Peer support: offers connection and support, provided by trained staff with lived and living experience.
- Housing support: helps people find and keep safe, stable housing.
- Help with social services. This includes referrals, getting identification and navigating systems.
- Advice for family and caregivers who have concerns about a loved one age 16 and older.



Seven core partners lead service delivery together with their specialized expertise

- ✓ CAPSA
- ✓ Montfort Renaissance
- ✓ Ottawa Salus
- ✓ Pathways to Recovery
- ✓ Psychiatric Survivors of Ottawa
- ✓ Recovery Care
- ✓ Pinecrest-Queensway Community Health Centre (lead)

Let's start with a conversation



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Walk-in services:
Monday to Friday
8 a.m. to 8 p.m.



Our hub is wheelchair accessible.